

# VITAMIN D

## FACT SHEET

INFORMATION EVERYONE  
NEEDS TO KNOW!

The most common medical condition in the **WORLD**, with often devastating and even fatal consequences, is **Vitamin D deficiency**. This disease affects **OVER 200 MILLION** people in North America alone! **NOW, YOU should NOT be one of them!** ***TAKING TIME TO READ THIS INFORMATION COULD DRAMATICALLY IMPROVE YOUR HEALTH AND MAY EVEN SAVE YOUR LIFE!***

**ASK YOUR DOCTOR** about the overwhelming research that is currently making headlines in numerous published clinical studies and the stunning information found in virtually every respected medical journal in health care!

**Increasing the amount of Vitamin D in the body can prevent or help treat a remarkable number of ailments:**

- |  |  |
|--|--|
| <input checked="" type="checkbox"/> Arthritis                            | <input checked="" type="checkbox"/> High Blood Pressure          |
| <input checked="" type="checkbox"/> Asthma                               | <input checked="" type="checkbox"/> Hypertension                 |
| <input checked="" type="checkbox"/> Autism                               | <input checked="" type="checkbox"/> Kidney Disease               |
| <input checked="" type="checkbox"/> Back Pain                            | <input checked="" type="checkbox"/> Lupus                        |
| <input checked="" type="checkbox"/> Cancers<br>(Breast, Colon, Prostate) | <input checked="" type="checkbox"/> MS                           |
| <input checked="" type="checkbox"/> Chronic Fatigue                      | <input checked="" type="checkbox"/> Muscle Cramps                |
| <input checked="" type="checkbox"/> Dental Problems                      | <input checked="" type="checkbox"/> Obesity                      |
| <input checked="" type="checkbox"/> Depression                           | <input checked="" type="checkbox"/> Osteoporosis                 |
| <input checked="" type="checkbox"/> Diabetes                             | <input checked="" type="checkbox"/> Psoriasis                    |
| <input checked="" type="checkbox"/> Fibromyalgia                         | <input checked="" type="checkbox"/> Seasonal Affects<br>Disorder |
| <input checked="" type="checkbox"/> Heart Disease                        | <input checked="" type="checkbox"/> Thyroid                      |

## THE TIME TO ACT IS NOW!

**FREE OFFER!**

*Contact Me Immediately for More Information!*

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## VITAMIN D IS ONE **HOT** TOPIC!!



**Dr. Oz Says:** "If I could pick one Vitamin to push to EVERYBODY, it's VITAMIN D!"



**"If Vitamin D were a drug, its benefits would make it the most popular ever!"**

**- Bill Sardi - Medical Writer and Author**

**NEED MORE EVIDENCE?**



# VITAMIN D

INFORMATION  
EVERYONE  
NEEDS TO KNOW!

**BREAST CANCER FACT:**  
**There are 41,000 Deaths  
From Breast Cancer Each  
Year in the United States!**



Every OCTOBER, pink ribbons can be seen virtually everywhere! It's the successful symbol of Breast Cancer Awareness month. It's main calling is for **EARLY DETECTION** of this horrific disease that claims 214,000 new victims each year. Billboards, busses and park benches wear them... Major League Sports Teams wear pink...even Airplanes don this fashion statement! ALL of these awareness campaigns are powerful and effective efforts to encourage early detection of Breast Cancer... **BUT WE COULD DO MORE! MUCH MORE!!**

Early **DETECTION** campaigns are important, but recent Vitamin D research is shifting the focus to **Early PREVENTION** possibilities.



Multiple Clinical Studies conclude that raising the Vitamin D level in the body could result in **REDUCING** the incidence and death rate of Breast Cancer in the U.S. by **35% to 80%**!



A 2008 study found that women who had a Vitamin D deficiency at the time they were diagnosed with breast cancer were **94% more likely to have their cancer spread** than women with adequate 25-vitamin D levels in their bodies!



## Vitamin D to Prevent Breast Cancer

[The Journal of Steroid Biochemistry and Molecular Biology](#)  
[Volume 103, Issue 3-5, March 2007, Pages 708-711](#)

- Intake of 2,000 IU/day of Vitamin D3, and, when possible, very moderate exposure to sunlight, could raise serum 25(OH)D to 52 ng/ml, a level associated with reduction by **50%** in incidence of breast cancer
- Intake of 5,000 IU/day further reduces risk by **80%**

